“IS YOUR BUSINESS FAILING BECAUSE OF YOUR LOW SELF CONFIDENCE?”

“**FIND OUT THE REASON HOW YOUR LOW SELF CONFIDENCE IS AFFECTING YOUR BUSINESS GROWTH”**



Self confidence is a key entrepreneurial skill for success. It is easy to become demoralized, frustrated and resentful if you lack self-confidence.

Self-confidence is concerned with how a person feels about his ability. A successful entrepreneur believes in his abilities. He/she is not scared to explore un-chartered territories, take risk and take difficult decisions.

Self-confidence, however, is not a personal trait that either you have or you don't. A person can have high self-confidence in one situation and totally lack in another. This is one of those skills that can be developed by training.

Take Quiz

Take the quiz right now to find out if your business is failing because of your low confidence and how to develop the confidence.

1. **Are you making powerful and risky decisions?**
2. YES, always (1)
3. Maybe sometimes (2)
4. No, not really (3)
5. How well do you agree with this statement “I am More likely to go after opportunities”?
6. Totally agree
7. Neutral
8. Disagree
9. **Are you able to Easily Embrace Failure**?
10. Yes, I do
11. I am not sure
12. Never

4)How do you handle any uncomfortable situation?

1. With comfort and ease (1)
2. I procrastinate to deal with situations (2)
3. I usually tend to run away from situation (3)

5)How do you feel when faced with difficulty?

1. Nothing but strong (1)
2. Scared and fearful (2)
3. Hopeless and negative (3)
4. What you most likely to think after overcoming an obstacle?
5. I think about the lessons I have learned (1)
6. I regret about the things that I should’ve done (2)
7. I worry about the embarrassments that I have experienced (3)

Self-Esteem:

1. Do you frequently compare yourself with others?
2. Never (1)
3. Often/occasionally (2)
4. Constantly (3)
5. How much do you agree with this sentence “**I am concerned with other people’s opinions about me.**”
6. Disagree (1)
7. Neutral (2)
8. Agree (3)
9. **How do you feel when you enter into the room full of people?**
10. **I feel confident and empowered (1)**
11. **Nothing (2)**
12. **I feel awkward (3)**

10) Do you struggle to make decisions or stand by them?

a) Never (1)

b) Sometimes (2)

c) yes, all the time (3)

11) Do you feel anxious or uncomfortable in social situations?

a) Never (1)

b) Maybe sometimes (2)

c) All the time (3)

**12) Do you suspect that people gossip about me behind my back?**

1. **Yes, but I don’t care much (1)**
2. **I don’t know (2)**
3. **Yes, and it does concerns me a lot (3)**
4. **How often do you feel unloved and unwanted?**

a) Never (1)

b) Maybe sometimes (2)

c) All the time (3)

Past trauma/ reason for low confidence:

1)Have you experienced any of the following?

1. Unsupportive parents
2. Friends who are bad influences
3. Stressful life events like divorce or moving houses
4. Trauma or abuse or bullying
5. None of the above
6. What have you gone/going through in the past/present?
7. trauma or abuse
8. mood disorders such as depression
9. anxiety
10. loneliness
11. ongoing medical issues
12. None of the above

RESULTS:

Low confidence (3)

Your results show that you have low confidence and it is one of the reasons why your business is struggling. Don’t get disappointed, its never too late for a fresh start because confidence is one of those skills that can be developed by training.

Start your fresh start in just one click.

We also noticed that you have experienced “\_\_\_ (answers from last two options) \_\_”. We are here to help you boost your self-confidence. Take the course right now to start your success journey.

Some small ways to build your self-confidence:

* Celebrate your wins (even the small ones)
* Accept praise from others
* Use good posture (head high, shoulders back, no slouching)
* Use positive affirmations
* Know your strengths and weaknesses
* Set SMART goals (and stick to them!)
* Stop comparing yourself to others

Confidence level (low - neutral) (2)

Your results show that you have been trying to manage your confidence from time to time but still it may not be enough to reach big goals in business . Good news is that its never too late to enhance the confidence you already have because confidence is one of those skills that can be developed by training.

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Confident person (1)

Your results show that you are a confident person. Keep up the good work, however it is important to maintain the confidence you already own because confidence is one of those skills that can be developed by training.

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